

**ASA & TEAMS WEEKLY SCHEDULE  
SEASON 1  
2019 - 2020**

**SECONDARY YEARS PROGRAM  
G6 - G12**

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
15:45-16:45		Chess Chess Knowledge TBD My Building 106	Chess Chess Knowledge TBD My Building 106	Barça Football Stryx G6 Football Field 4	Russian (as mother-tongue) Headway Institute TBD MY Building 110
		Swimming Beginners 2 / Development 1-2 SPEEDO G6 Olympic Pool 5		Chinese (as foreign language) Headway Institute TBD MY Building 110	Russian (as foreign language) Headway Institute TBD MY Building 103
		Tennis Stryx G6 Tennis Court 1		Italian (as foreign language) Headway Institute TBD MY Building 010	Spanish (as foreign language) Headway Institute TBD MY Building 108
		Tennis Stryx G7 Tennis Court 2		Swimming Beginners 2 / Development 1-2 SPEEDO G6 Olympic Pool 3	
17:00 onwards			Piano (Private classes) Exclusive Music G6 - G12 Music Room 229	Swimming Beginners 2 / Development 1-2 SPEEDO G7 Olympic Pool 5	

External ASA External Provider Grades Classroom / Location
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## SECONDARY YEARS ASAs Schedule, Descriptions & Details

### INTERNAL ASAs (Free, 2 max per student per week)

! **NOT OFFERED IN SEASON 1, 2020-2021**

Internal after-school activities are delivered by SISD teachers and are **free of charge** (in some cases, a small fee might be charged for equipment).

Each student is permitted to participate in **2 INTERNAL ASAs per week (including teams)**.

- Early Years** : Sunday, Tuesday, and Wednesday (teachers meet on Mondays & Thursdays)
- Primary Years** : Sunday, Wednesday, and Thursday (teachers meet on Mondays & Tuesdays)
- Secondary Years** : Sunday, Monday, Wednesday, and Thursday (teachers meet on Tuesdays)

For any questions you may have about the actual ASA, please send an email to the teachers offering the ASA.

Registration is done on the system - first come, first served basis, with priority. This means that the software will actually consider all registrations to allocate Internal ASAs according to all requests, available places and priorities parents have chosen. This is meant to be fair to everyone.

### EXTERNAL ASAs (Paid)

External after-school activities are **offered on SISD campus** by **external providers**, whose fees vary for each ASA.

On a general note when registering with an external ASA provider, parents are entering into a direct agreement with the provider and not SISD. We therefore expect any issues to be resolved directly between the parents and the provider. However, SISD do appreciate and welcome feedback on what is happening so that we can ensure all matters are dealt with promptly and that our providers are providing good and quality service to our students/families.

Students can participate in **as many EXTERNAL ASAs** as they wish.

Registration is done directly with **each provider** by phone and by e-mail at any time or during the Expos **where the providers will be present on SISD campus**.

! **Please note that due to the COVID-19 situation, ASA Expos will not be held this year.**

Registration is on a first come, first served basis and places are reserved by the external providers only once they have received full payment.

## MONDAY

### EXTERNAL ASAs

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
Chess  Season 1: AED 1050 / 10 Sessions	TBD	3:45PM – 4:45PM  MY Building 106	<p>According to research, test scores improved by 17.3% for students regularly engaged in chess classes, compared with only 4.6% for children participating in other forms of enriched activities" said 4-time World Champion Susan Polgar. Chess Lesson – teaching a particular skill, idea, strategy, move or concept. The focus being on improving Thinking Skills such as Problem Solving, Memory, Critical Thinking, Analysis, Decision Making, Concentration, Visualization, Lateral Thinking, Creative Thinking and more.</p> <p>Provider: Chess Knowledge            Contact: Alexandra            050 5028145            0559484111  <a href="mailto:alexandrachess@yahoo.com">alexandrachess@yahoo.com</a></p>
Swimming Beginners 2 / Development 1-2  Season 1: AED 1100 / 10 Sessions	G6	3:45PM – 4:45PM  Olympic Pool 5	<p>This phase is an introductory level to competitive swimming and the development of the four competitive strokes. In order to begin in the development levels of our program, swimmers must be able to swim a minimum of 25 meters' freestyle/front crawl and backstroke.</p> <p>Provider: SPEEDO (under STRYX)            Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>            058 895 9377            055 877 1658            800STRYX</p>
Tennis  Season 1: AED 1100 / 10 Sessions	G6 G7	3:45PM – 4:45PM  Tennis Court 1 Tennis Court 2	<p>Kids develop a wide range of strategies in order to have their own style of play. They now play in normal conditions and build a complete game as a tennis player.</p> <p><b><u>Students must bring their own tennis rackets.</u></b></p> <p><b>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</b></p> <p>Provider: STRYX            Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>            058 895 9377            055 877 1658            800 STRYX</p>

<p>Piano</p> <p><b>PRIVATE CLASS: AED 147/30 MINUTES</b></p> <p><b>AED 294/HOUR</b></p>	<p><b>TBD</b></p>	<p>5:00 PM onwards</p> <p>Music Room 229</p>	<p>Exclusive Music is offering an amazing opportunity to G6 – G12 students to enjoy private piano lessons with the highly acclaimed piano instructors. Our piano recitals and exam preparation opportunities will make our journey together even more motivating.</p> <p>Provider: Exclusive Music</p> <p>Contact details: Vitali Mihailiuc <a href="mailto:sidmusclub@gmail.com">sidmusclub@gmail.com</a>, (+971) 055 482 7542 <a href="http://www.emusiceducation.org">www.emusiceducation.org</a></p>
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## TUESDAY

### EXTERNAL ASAs

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
<p>Chess</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>TBD</p>	<p>3:45PM – 4:45PM</p> <p>MY Building 106</p>	<p>According to research, test scores improved by 17.3% for students regularly engaged in chess classes, compared with only 4.6% for children participating in other forms of enriched activities" said 4-time World Champion Susan Polgar. Chess Lesson – teaching a particular skill, idea, strategy, move or concept. The focus being on improving Thinking Skills such as Problem Solving, Memory, Critical Thinking, Analysis, Decision Making, Concentration, Visualization, Lateral Thinking, Creative Thinking and more.</p> <p>Provider: Chess Knowledge Contact: Alexandra 050 5028145 0559484111 <a href="mailto:alexandrachess@yahoo.com">alexandrachess@yahoo.com</a></p>
<p>Piano</p> <p>PRIVATE CLASS: AED 147/30 MINUTES</p> <p>AED 294/HOUR</p>	<p>TBD</p>	<p>5:00 PM onwards</p> <p>Music Room 229</p>	<p>Exclusive Music is offering an amazing opportunity to G6 – G12 students to enjoy private piano lessons with the highly acclaimed piano instructors. Our piano recitals and exam preparation opportunities will make our journey together even more motivating.</p> <p>Provider: Exclusive Music Contact details: Vitali Mihailiuc <a href="mailto:sidmusclub@gmail.com">sidmusclub@gmail.com</a>, (+971) 055 482 7542 <a href="http://www.emusiceducation.org">www.emusiceducation.org</a></p>

## WEDNESDAY

### EXTERNAL ASAs

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
<p>Barça Football</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G6</p>	<p>3:45PM – 4:45PM</p> <p>Football Field 4</p>	<p>At Barça Academy Dubai, we pride ourselves on giving an opportunity to children of all abilities and both genders aged between 4-16 years old to receive a professional training in Dubai. Based on the official FC Barcelona curriculum, developing young players' technical skills and passion for the game. Ensuring the player performs the best they possibly can. Our FC Barcelona accredited and certified coaches have been flown in from Barcelona to teach the children to play football the same structure as FC Barcelona that has become synonymous with victory. Sessions are dedicated to teaching the children the unique FC Barcelona techniques, skills and implementing matches. This allows our players to put their new skills into practice when participating in many local and international tournaments throughout the year, as we believe that the exposure to competitive situations greatly helps in the players' development.</p> <p>Admission fee options:            1) AED 160 for the year, with T-shirt (VAT inc)            2) AED 300 for the year, with socks, T-shirt, and shorts (VAT inc)</p> <p><b>**Please keep in mind that outdoor activities will be held outdoors for the whole season and some sessions might happen during hot days. Sessions will not be moved indoors (due to limited indoor spaces) and no refunds will be awarded for sessions cancelled due to the heat.</b></p> <p>Provider: STRYX            Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a>            058 895 9377            055 877 1658            800 STRYX</p>
<p>Chinese (as foreign language)</p> <p>Season 1: AED 1050 / 10 Sessions</p>	<p>TBD</p>	<p>3:45PM – 4:45PM</p> <p>MY Building 110</p>	<p>We can teach your children how to speak, read and think in Chinese properly at our Chinese Language classes. Folk stories, fairytales, books by Chinese writers and poets will give them wonderful moments during reading classes. Your children will learn how to write essays and dictations which will help them to develop good grammar skills and improve the vocabulary.</p> <p>Provider: Headway Institute            Contact: <a href="mailto:courses@headin.pro">courses@headin.pro</a>            +971 (0)4 362 5313 / 17 / 18 /19</p>

<p>Italian (as foreign language)</p> <p>Season 1: AED 1050 / 10 Sessions</p>	<p>TBD</p>	<p>3:45PM – 4:45PM</p> <p>MY Building 010</p>	<p>The course is aimed at those students who do not have any Italian background and would like to learn a new language.</p> <p>Provider: Headway Institute Contact: <a href="mailto:courses@headin.pro">courses@headin.pro</a> +971 (0)4 362 5313 / 17 / 18 /19</p>
<p>Piano</p> <p>PRIVATE CLASS: AED 147/30 MINUTES</p> <p>AED 294/HOUR</p>	<p>TBD</p>	<p>5:00 PM onwards</p> <p>Music Room 229</p>	<p>Exclusive Music is offering an amazing opportunity to G6 – G12 students to enjoy private piano lessons with the highly acclaimed piano instructors. Our piano recitals and exam preparation opportunities will make our journey together even more motivating.</p> <p>Provider: Exclusive Music Contact details: Vitali Mihailiuc <a href="mailto:sisdmusclub@gmail.com">sisdmusclub@gmail.com</a>, (+971) 055 482 7542 <a href="http://www.emusiceducation.org">www.emusiceducation.org</a></p>
<p>Swimming Beginners 2 / Development 1-2</p> <p>Season 1: AED 1100 / 10 Sessions</p>	<p>G6 G7</p>	<p>3:45PM – 4:45PM</p> <p>Olympic Pool 3 Olympic Pool 5</p>	<p>This phase is an introductory level to competitive swimming and the development of the four competitive strokes. In order to begin in the development levels of our program, swimmers must be able to swim a minimum of 25 meters' freestyle/front crawl and backstroke.</p> <p>Provider: SPEEDO (under STRYX) Contact: <a href="mailto:asa@stryxsports.com">asa@stryxsports.com</a> 058 895 9377 055 877 1658 800STRYX</p>

## THURSDAY

### EXTERNAL ASAs

ACTIVITY / COST	GRADE	TIME / LOCATION	DESCRIPTION
<p>Russian (as mother-tongue)</p> <p>Season 1: AED 945 / 9 Sessions</p>	TBD	<p>3:45PM – 4:45PM</p> <p>MY Building 110</p>	<p>The course is aimed at children who are fluent in Russian. Classes are built on the classical methodology of teaching the language, the relevant educational standards of the Russian Federation. Training is conducted on the basis of Russian school textbooks, as well as works of Russian classics.</p> <p>Provider: Headway Institute Contact: <a href="mailto:courses@headin.pro">courses@headin.pro</a> +971 (0)4 362 5313 / 17 / 18 /19</p>
<p>Russian (as foreign language)</p> <p>Season 1: AED 945 / 9 Sessions</p>	TBD	<p>3:45PM – 4:45PM</p> <p>MY Building 103</p>	<p>There are two variations of the programme. The first one is for bilingual children who do not speak Russian. The main goal of the course is to develop the child's speech and increase his vocabulary. The second one is for children who do not understand Russian, need to start from scratch. Training starts from the very basics here. Both courses are conducted mostly in English.</p> <p>Provider: Headway Institute Contact: <a href="mailto:courses@headin.pro">courses@headin.pro</a> +971 (0)4 362 5313 / 17 / 18 /19</p>
<p>Spanish (as a foreign language)</p> <p>Season 1: AED 945 / 9 Sessions</p>	TBD	<p>3:45PM – 4:45PM</p> <p>MY Building 108</p>	<p>We can teach your children how to speak, read and think in Spanish properly at our Spanish Language classes. Folk stories, fairytales, books by Spanish writers and poets will give them wonderful moments during reading classes. Your children will learn how to write essays and dictations which will help them to develop good grammar skills and improve the vocabulary.</p> <p>Provider: Headway Institute Contact: <a href="mailto:courses@headin.pro">courses@headin.pro</a> +971 (0)4 362 5313 / 17 / 18 /19</p>
<p>Piano</p> <p>PRIVATE CLASS: AED 147/30 MINUTES</p> <p>AED 294/HOUR</p>	TBD	<p>5:00 PM onwards</p> <p>Music Room 229</p>	<p>Exclusive Music is offering an amazing opportunity to G6 – G12 students to enjoy private piano lessons with the highly acclaimed piano instructors. Our piano recitals and exam preparation opportunities will make our journey together even more motivating.</p> <p>Provider: Exclusive Music Contact details: Vitali Mihailiuc <a href="mailto:sisdmusclub@gmail.com">sisdmusclub@gmail.com</a>, (+971) 055 482 7542 <a href="http://www.emusiceducation.org">www.emusiceducation.org</a></p>